of service rendered in Defence Forces. They should note that they must submit the discharge certificate on the date of certificate verification for considering their claims of age relaxation under Ex-Serviceman category (NOTE: Border Security Force, Indian Coast Guard, CRPF and other Para Military Forces are not within the definition of Ex-Servicemen.)

- (d) Date of Birth entered in the High School Certificate Examination by the Board of Secondary Education, Odisha or equivalent Certificate issued by the recognised Board/Council/ by an Indian University as equivalent there to shall be acceptable by the Commission.
- (e) A candidate who claims change in her/his name after having passed the High School Certificate Examination is required to furnish copy of publication of the changed name in local leading daily newspaper as well as copy of notification in the Odisha Gazette in support of her/his change of name.

[For important instructions about filling up online application and "How to Apply" refer to Annexure "A' enclosed].

### 4. Plan and Pattern of Examination:

Stages of	Type of	No of	Marks	Remarks
Exam	Exam	Paper	allotted	
Stage-I	Preliminary Examination (Objective Type, MCQ)	One paper	100	It is qualifying in nature. Prelim exam will only be conducted for such posts where number of valid appllications are more than five times the advertised vacancies. Based on marks obtained in Preliminary examination approximately 5 times the number of candidates will be shortlisted (post wise & category wise) for appearing in Main written exam
Stage-II	Main Written Examination (Objective Type, MCQ)	One paper (Different for different Posts)	150	Candidates will be called for certificate verification on the basis of marks secured in Main examination. If vacancies in post/ category are 50 or less than 50 two times if vacancies in post/ category are 51 or more, 1.5 times the number of vacancies will be called for certificate verification.
Stage-III	Certificate verification			The eligibility of candidates shortlisted shall be determined through verification of all relevant documents in support of age, qualification and other eligibility conditions as laid down in the advertisement. The candidate, who fails to attend the document verification, will not be considered for the post.

<sup>\*</sup> Every question will carry one mark each and there will be <u>negative marking @0.25</u> marks for each wrong response.

- (a) Indicative Syllabus of Preliminary Written Examination for teachers.
  - General Studies
     (Indian Constitution, Indian Economy, Indian and World Geography, History of India, History of Odisha, General issues of Environment or Climate change 10<sup>th</sup> Standard)

     -30 Questions / 30 Marks.
  - Arithmetic -10<sup>th</sup> Standard-20 Questions/20 Marks
  - Logical Reasoning and Analytical Ability, General Mental Ability 20 Questions / 20
     Marks.
  - Computer/ Internet Awareness 20 Questions / 20 Marks.
  - Current events of National / International Importance 10 Marks.

#### Details of Main written examination is shown below:

Post	Type of Quest	Numbe r of Questi	Full Mar ks	Level	Subjects	Languag es (Mediu
	ions	ons	N.S.			m)
TGT Science PCM	MCQ	150	150	Graduation	a)Physics, b)Chemistry, c)Mathematics d)Pedagogy, & Evaluation.	English
TGT Science CBZ	MCQ	150	150	Graduation	a)Chemistry b)Botany, c)Zoology d)Pedagogy, & Evaluation.	English
TGT Arts	MCQ	150	150	Graduation	a) History+ Political Science, b) Geography+ Economics, c)English d)Pedagogy, & Evaluation.	English
Hindi Teacher	MCQ	150	150	Graduation	e) Odia a)Hindi b)Pedagogy, & Evaluation.	Odia Hindi
Sanskrit Teacher	MCQ	150	150	Graduation	a) Sanskrit b)Pedagogy, & Evaluation.	Devanag ari
Telugu Teacher	MCQ	100	100	Graduation	a)Telugu b)Pedagogy, & Evaluation.	Telugu



Post	Type of	Numbe r of	Full Mar	Level	Subjects	Languag es
	Quest ions	Questi ons	ks			(Mediu m)
Physical Education Teacher	MCQ	150	150	Intermediate (+2)	Physical Education d)Pedagogy, & Evaluation.	English & Odia
Urdu Teacher	MCQ	150	150	Graduation	Urdu d)Pedagogy, & Evaluation.	Urdu

#### Note:-The detail syllabus of Main written examination is enclosed at Annexure-C.

In pursuance of GA & PG Department Notification No-29246, Dated-18<sup>th</sup> October 2022, the Main Examination, shall be conducted both in Odia and English. The candidate shall exercise his/her option in the online application form. All may note that the option once given in the online application form cannot be changed. Options are available in the online application form.

- (b) The candidates those who fail to appear in any stage of the recruitment process will not be considered for final selection and their names will be deleted from the merit list.
- (c) Any complaint on the conduct of examination must be sent to the commission by email "support.ossc@gov.in" within 05(five) days of completion of examination.

#### 5) Place and Date of written examination:

- a) The Date of Preliminary & Main Examination will be conveyed to the candidates in due course through Notice which will be published in two leading Local dailies as well as website of the Commission and also in Admission Letter. Preliminary examination is likely in February 2023. Exact date will be intimated later.
- b) The exact Date, Time and Venue of Preliminary &Main written examination will be conveyed to the candidates in the Admission Letter(s) in due course. The Admission Letters can be downloaded by the eligible candidates by accessing the Commission's website from time to time.

#### 6) Certificate verification and submission of Detailed Application Form (DAF):

Basing on the marks secured in the Main Written Examination, Candidates numbering two times of the vacanciesadvertised(If vacancies in post/ category are 50 or less than 50)& 1.5 timesof the vacanciesadvertised(if vacancies in post/ category are 51 or more)in order of merit, post wise &category-wise shall be shortlisted for Certificate Verification. The candidates will be required to produce their Original Certificates & Mark sheets of Academic qualification & Training qualification, caste certificate, special category certificate and other



# ANNEXURE-C

# SYLLABUS FOR MAIN WRITTEN EXAMINATION OF TEACHER

# Syllabus for Pedagogy & Evaluation (For all posts except PET)

#### A. Learning Process / Pedagogy

- 1. Understanding the Learning Process
  - Learning as a process and an outcome
  - Approaches Humanistic (Karl Rogers)
  - Constructivist (Piaget and Vygotsky)
  - Basic conditions of learning: Readiness, Maturation, Motivation, Task and Methods

#### 2. Organizing Learning

- Teacher-Centric, Learner Centric, Learning-Centric
- Characteristics and Process

#### 3. Addressing Classroom Diversity

- Using varieties of TLMs and AV Aids
- Using context of the learner
- Using variety of activities while group learning, small group learning and self-learning
- Learner in the context of Inclusive Education

### C. ASSESING THE LEARNER / PERFORMANCE (EVALUATION)

#### 1. Assessment and Evaluation

- Assessment and evaluation in constructive perspective
- Concept, Continuous and Comprehensive Evaluation, Formative, Summative and Diagnostic Assessment

#### 2. Assessment and Learning Assessment of Learning,

- Assessment for learning, Assessment as Learning
- Subject-based learning in a constructivist perspective
- Assessment tools and techniques –Projects, Assignments, Observation, Teacher made Tests
- Self-assessment, Peer-assessment

#### 3. Test Construction

- Steps and Principles of Test Construction
- Development of blueprint
- Preparation of test items
- Standardized and Teacher made Test

#### (For the post of PET)

#### Pedagogy, Planning & Evaluation

#### 1. Pedagogy

- Teaching Techniques(Lecture method, Demonstration Method, Discussion method and Project method etc)
- Important devices and methods of teaching
- Teaching Procedure-Whole method, Part method, Whole and Part method
- Difference between teaching methods and Teaching Aids

#### 2. Programme Planning & Evaluation

- Programme planning, principles of programme planning in Physical Education
- Function of planning organization of school sports, coordination and conducting of Physical Education activities
- Evaluation of School Physical Education activities and School Health Education Programme

TGT Science: (PCM)

#### **PHYSICS**

#### Unit-1 Motion

Newton's laws of motion, Kinematic Equations of motions with acceleration, Graphical representation of Kinematics Equations of motion, Relative velocity and relative acceleration, work energy and power, conservation of energy, collision problem and conservation of linear momentum, forces of nature, friction force.

Circular motion, Rotational Kinematics, Conservation of angular momentum, Moment of Inertia.

Motion under Gravity, project motion, Simple harmonic motion, and Kinematics of simple harmonic motion, simple pendulum.

# Unit-2 Gravitation

Kepler's law of planetary motion, Newton's law of gravitation, Acceleration due to gravity, Gravitational field and potential, Escape velocity and satellite motion, Geo stationary Satellites.

# Unit-3 Properties of Matter

Inter- atomic and intermolecular force, Elasticity, Stress, Strain and Hook's law , Elastic module

Kinetic theory of gases, concept of heat, pressure and temperature, specific heat, law of equipartition of energy, Universal Gas laws, measurement of Pressure

Surface tension, surface energy, angle of contact, excess pressure, capillarity, viscosity, Poiseuille's law, Stokes's Law, Bernoulli's Equation of fluid motion. Hydrostatics, Buoyancy, Archimedes Principle, Laws of flotation.

#### Unit-4 Sound

Waves, Progressive and stationary waves, mechanical waves, equation of a progressive wave, transverse vibration of a string, speed of sound waves, Newton's formula, Super-position of sound waves, Beats, Echo, Doppler's effect, Musical sound and its characteristics.

# Unit-5 Optics

Laws of reflection and refraction in transparent medium, total internal reflection, refraction through prisms, Dispersion, Reflection and image formation plan and spherical mirrors, equation for object and image distances for spherical mirrors, image formation in convex and concave

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Page 4

lenses, lens equation for convex and concave lenses, power of single and combination of two lenses. Image formation in the eye and defects of vision, microscope and astronomical telescope.

Wave optics, Huygens's principle, Coherent sources and interference, Young's double slit, Biprism, Newton's ring experiments, Diffraction of light through single slit and plane transmission grating.

#### Unit-6 **Electrostatics**

Coulomb's law and unit of charge, force on charge due to discrete and continuous charge distributions, lines of force and electric field, field due to a point charge and a dipole, electrostatic potential, potential due to a point charge and an electric dipole, electric potential energy of a group of point charges, electric flux, Gauss law and applications, Capacitor, capacitance of parallel plate and spherical capacitors, combinations of capacitors in series and parallel.

#### Uni-7 **Current Electricity**

Ohm's law, current and voltage measurements, resistance and Resistivity, combination of resistances in series an parallel, electromotive force, grouping of resistors and cells. Kirchhoff's laws and their applications.

Electric energy and power, heating effect of electric current, Faraday's law of electrolysis.

Magnetic field and magnetic induction, Biot-Savart law, magnetic field due to a straight conductor, a circular coil and a solenoid carrying current. Ampere's circuital law, Lorentz force on a charge particle in uniform electric and magnetic fields. Force between two parallel conductors' carrying current.

# **Unit-8 Electromagnetic induction**

Faraday's law of electromagnetic induction, Lenz's law, eddy current, self and mutual induction, emf induced in a rotating coil. Alternating current, average and RMS values of alternating currents, simple AC circuits (RC, RL and RLC), concept of admittance and impedance. Transformers and simple AC devices (motor, dynamo).

#### **CHEMISTRY**

# **Unit-1 Basic Concepts**

Atomic, molecular and equivalent masses, mole concept, types of chemical reactions, calculations based on stoichiometry. Equivalent mass of acid, salt, oxidant and reductant.

# **Unit-2 States of Matter**

Gas laws- Boyle's law, Charles' law, combined gas equation, ideal gas equation, Graham's law of diffusion/ effusion, Dalton's law of partial pressure.

Characteristics of Liquids: Vapour pressure, viscosity and surface tension. Colligative properties of solutions (solute and solvent forming binary solution).

# **Unit-3 Structure of Atom**

Bohr's model and its limitations, concept of shells and sub-shells, dual nature of matter and light. De Broglie's relationship, Heisenberg uncertainty principles, concepts of orbital's, quantum numbers, shape of s,p and d orbital, rules of filling electrons in orbitals- Aufbau principle and Hund's rule, electronic configuration of atoms, stability of half filled and completely filled orbitals.

# Unit-4 Classification and elements and periodicity in properties

Modern periodic law and the present form of periodic table, periodic trends in properties of elements- atomic radii, ionic radii, ionization enthalpy, electron gain enthalpy, electro negativity, valency.

# Unit-5 Chemical bonding and molecular Structure

Ionic bond, covalent bond, polar character of covalent bond, covalent character of ionic bond, concept of hybridization, VSEPR Theory and shapes of some simple molecules, hydrogen bond and metallic bond.

# **Uni-6 Chemical reactions**

Types of chemical reactions, redox reaction, Oxidation number calculations, balancing of redox equations by oxidation number and ion electron methods, neutralization reactions and volumetric analysis.

# Unit-7 Chemical Equilibria and Ionic Equilibria

Equilibrium in physical and chemical processes, law of mass action, equilibrium constants (Kc, Kp, Kx) relation among them, the reaction quotient and its relation with equilibrium. Le-Chateliers principle and its applications.

Theories of acids and bases, ionization of weak acids and bases, ionic product of water pH and other logarithmic terms, common- ion effect, solubility product and its application in salt analysis.

# Unit- 8. General Principles of extraction of metals

Occurrence of metals, ores and minerals, concentration, calcinations, roasting, smelting, reduction methods (carbon reduction, alumino-thermic process, electrolytic and self- reductions) and metal extraction, flux and slag refining of metal. Reactions involved in the Blast furnace for extraction of iron.

# Unit-9 Some basic principles of organic chemistry

- a) Classification and IUPAC nomenclature of organic compounds
- b) Electronic displacement in covalent bond: inductive effect, electronic effect, resonance and hyper conjugation
- c) Homolytic and heterolytic fission of a covalent bond: free radicals, carb-cations, carbanions, electrophiles and nucleophiles, types of organic reactions.

# **Unit-10 Hydrocarbons**

Classification of Hydrocarbons.

- a. Aliphatic Hydrocarbons: general methods of preparation, properties and uses of alkanes, alkenes and alkynes.
- b. Aromatic Hydrocarbons: benzene, resonance aromaticity, chemical properties, directive influence of functional group in mono-substituted benzene.

# Section-III

#### **MATHEMATICS**

1. Set Theory and its Application

• Union, intersection, difference, complement, power set, number of elements in union and inter-section of finite sets.

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# 2. Relations and Functions

• Reflexive, Symmetric, transitive and equivalence relations, injective, subjective and objective functions, inverse of a function.

# 3. Number System

· Natural numbers, integers, rational numbers, irrational number, real number, absolute values of numbers, triangle inequality.

# 4. Quadratic & Linear Equations

• Fundamental theorem of Algebra, roots, discriminates, nature the roots, relation between the roots and coefficients.

# 5. Calculus of One Variable

Limit, continuity, derivative, tangent, normal, increasing and decreasing functions.

# 6. Sequence and Series

 Arithmetic and Geometric progressions, monotonic sequence, exponential series, logarithmic series, Taylor's series, Maclaurin's series.

# 7. Coordinate geometry

• Distance formula, section formula, area of a triangle, locus and its equation, straight line, circle, conic section.

# 8. Analytical Solid Geometry

Plane, straight line, Sphere

# 9. Probability

• Trial, Sample point, Sample Space, Event, Addition Theorem, Binomial Distribution.

• Mean, Mode, Median, Mean Deviation, Standard Deviation, Variance

### 11. Trigonometry

 Angles associated with 90, 180, 270,360 compounded angle formula, sub-multiple angle formula, Trigonometry Equations, Inverse trigonometric functions, Height and

#### 12. Mensuration

• Circumference of a circle, length of the arc of a circle, area of a circle, sector and segment, area of a circle annulus, area of a sectional region, area of segment, surface area and volume of a prism, right circular cylinder, cone and sphere.

# TGT Science: (CBZ) Section T

# Chemistry

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# (Same as in TGT PCM Syllabus)

## Section II BOTANY

1. Plant Diversity and Conservation

• Nomenclature and classification of plant kingdom, plant divisions- Thallophyta, Bryophyte, Pteridophyta, Gymnosperms and Angiosperms, their habitat and complexity in their structural organization. Endangered plant species and their conservation measure.

# 2. Tissue System

Meristematic and permanent tissues: their types, organization and functions.

• Tissue System: Epidermal, ground and vascular tissue system, internal structure of dicot and monocot stems and roots secondary growth in plants.

# 3. Photosynthesis

• Structure and photosynthetic pigments, Light reaction: light absorption, electron transport and photophosphorylation, Dark reaction- CO2 fixation by C3, C4 and CAM plants, photorespiration.

# 4. Growth in Plants

• Photoperiodism, Phototropism, Auxins, Gibberllins, Cytokinins, Ethylene and Abscissic acid, their role in plant growth regulation.

# 5. Reproduction in plants

- Vegetative reproduction: Fission, budding and cutting(grafting) and propagation in angiosperms.
- · Asexual Reproduction: Sporulation, Conidia formation and other special structure
- · Sexual Reproduction: Isogamy, Anisogamy and Oogamy, double fertilization and triple fusion in angiosperms.
- Parthenogenesis: Tissue culture and micropropagation

# 6. Mendelism

- Mendelian factors, Monohybrid cross and principles of dominance and segregation.
- Dihybridcross: Laws of independent assortment.
- Deviations from Mendelian principles

# 7. Plant Diseases and Control Measures

• Causal Organisms, symptoms, life cycle and control measures of following diseases: Late blight of potato, powdery mildew, Rust and Smut of Wheat, Leaf Sport and blast disease of rice.

#### Section III ZOOLOGY

### 1. Taxonomy

• Five kingdom classification, Characteristics and Examples of each animal phylum (in case of phylum Chordate up to Classes)

### 2. Cytology

Cell structure and cell division (mitosis and meiosis), DNA and RNA

#### 3. Genetics

· Linkage, Crossing over, Mutation, Chromosomal aberration and chromosomal mechanism of sex determination

#### 4. Evolution

• Darwinism, Modern Synthetic theory of evolution ( variation, selection and isolation)

#### 5. Ecology

• Eco-system, Food Chain and Food Web, Energy Flow, Ecological Pyramids, Renewable and Non-renewable energy resources, Biodiversity (meaning and conservation), Causes, Effects and Control of Air pollution.

#### 6. Nutrition

Types of food and types of nutrition,

### 7. Respiration

Types of respiration (aerobic and anaerobic) Glycolysis and Krebs Cycle

#### 8. Circulation

Blood (Composition and function) in man, structure and working of human heart

#### 9. Excretion

Human Kidney (structural details), mechanism of urine formation

# 10. Control and Coordination

• Structure of neuron, synaptic transmission, structure of human brain and function of its different parts, names of endocrine glands and secreted hormones with their specific functions

# 11.Reproduction and Development

• Structure of Gonads (ovary and testes) and Gametes in man, Fertilization. Types of cleavage.

# **TGT Arts**

# Section- I HISTROY + POLITICAL SCEINCE

#### HISTORY

- 1. Great Rulers of Ancient India
  - Ashoka Conquests, administration and missionary activities
  - Kharavela Achievements as mentioned in Hatigumpha inscription
  - Samudragupta Conquests
  - Harshavardhana Conquests, administration and religious activities
- 2. Development of Art and Architecture during Maurya Age, Gupta Age and Kushana Age
- 3. Development of Literature and Science in Ancient India
- 4. Administration during Delhi Sultanate with special reference to Balban, AlauddinKhilji and Feroze Shah Tughlaq.
- 5. Mughal architecture and painting during the reign of Akbar, Jahangir and Shahjahan
- 6. Rise of British power in India from 1757 to 1856
  - Robert Clive and foundation of British Power
  - Administrative and judicial reforms of Warren Hastings
  - Revenue reforms of Lord Cornwallis
  - Subsidiary alliance
  - Reforms of Lord William Bentinck
  - Doctrine of Lapse
- 7. Growth of India Nationalism, 1857-1905
  - Revolt of 1857
  - Development of press and literature
  - Education
  - Formation of Political associations
- 8. Indian National Movement, 1905-1947
  - Swadeshi movement
  - Non-cooperation movement
  - Civil Disobedience movement
  - Quit India movement
  - Indian National Army
  - Partition and Independence
- 9. First World War and Russian Revolution
  - Causes and consequences of First World War
  - Causes Progress and Effects of Russian Revolution
- 10. Second World War- Causes and Consequences

# **POLITICAL SCIENCE**

- 1. Salient features of Indian Constitution
- 2. Preamble, Fundamental Rights, Directive Principles of State Policy, Fundamental Duties
- 3. Union Government President, Prime Minister, Council of Ministers, Parliament and

- 4. State Government Governor, Chief Minister, Council of Ministers, Legislative Assembly and High Court.
- 5. Local Governance Urban and Rural
- 6. Electoral Process and Election Commission
- 7. India's Foreign Policy and its relation with neighbours
- 8. United Nations General Assembly, Security Council Human Rights
- 9. Socialism, Liberalism, Democracy, Authoritarianism, Welfare State and Globalization
- Kautilya, Raja Ram Mohan Roy, Bal Gangadhar Tilak, Swami Vivekananda, Mahatma Gandhi, Nehru, B.R.Ambedkar

#### Section- II

# GEOGRAPHY + ECONOMICS (15 MARKS)

#### **GEOGRAPHY**

- 1. Physical Geography of India
  - Physiography
  - Drainage
  - Climate
- 2. Resources with Special Reference to India
  - Types and Classification, Land Resources; Biotic Resources
  - Mineral, Energy, Water Resources
  - Agriculture and Industrial Resources
- 3. Physical Geography
  - First, Second and third order land forms; Development of land forms work of rivers, wind and glaciers. Interior of the earth, rocks and their types
  - Structure and composition of the atmosphere, insolation and temperature;
     Pressure and Winds; Humidity and Rainfall
  - General relief of ocean floor: Salinity ad temperature of the ocean water.
     Oceanic circulation waves, tides currents
- 4. Globe and Maps
  - Basic features; types of maps; map scale; contours of relief features
  - Concept of latitude and longitude; International dateline Time Zones; Local and Standard Time.

#### **ECONOMICS**

- 1. Indian Economy
  - Features and broad demographic characteristics; Need and Policies for facing the challenges of over population
- 2. Current Challenges of Indian Economy
  - Poverty Measures of poverty; causes, consequences, policy and programmes adopted for poverty eradication; Remedies.
  - Unemployment Types and measures of unemployment; Causes, consequences and programmes adopted for reducing unemployment.
  - Inflation Meaning and types; Demand pull and cost push inflation; Causes and consequences and measures taken to control inflation.
- 3. Economic Development

- Meaning and Indicators National income, Physical Quality of Life Index(PQLI), Human development Index (HDI); concept of and need for sustainable development.
- 4. Money and Banking
  - Meaning, types and functions of money; Banking: Commercial Banks Meaning, functions; Credit creation by commercial banks; Central Banking – Meaning and functions; Monetary Policy.

#### Section-III

# ENGLISH ( -

- 1. Comprehension:
  - a) An unseen passage in about 150words. Questions testing factual, understanding, inferential and interpretive aspects including vocabulary and usage.
  - b) A poem (neither very old nor very absurd but a simple one). Questions testing factual, understanding, referential, appreciative aspects including vocabulary in context)
- 2. Grammar and usage

Testing of grammar and usage in the following areas:

- a. Prepositions
- b. Direct and indirect speech
- c. Passives
- d. Tense
- e. Identification of error in a sentence
- f. Phrasal verbs
- g. Clause patterns
- h. Punctuations
- i. Types of sentences
- j. Spelling
- k. Agreement of verbs with subjects
- 3. Speaking (Commonly mis-pronounced words, common errors)
- 4. Teaching of English
  - a)Importance of Teaching English/learning English in the present context
  - b) Objectives of Teaching English/learning English with reference to Language Skills & Sub-skills
  - c) Strategies of Teaching/learning English with special reference to NCF 2005
  - d) Stages of planning for a Text (pre-reading, while reading and post-reading)
  - e) Assessment of language skills, :Tools and Techniques with reference to Continuous and Comprehensive Assessment

# Section- IV

ପ୍ରତ୍ୟେକ ପ୍ରଶ୍ୱର ମୂଲ୍ୟ ୧ ନୟର । ନିମ୍ନ ପ୍ରଦର ବିଷୟମାନଙ୍କରୁ ପ୍ରଶ୍ନ ପ୍ରସ୍ତୁତ କରାଯିବ ।

- ୧. ଅବବୋଧ ପରୀକ୍ଷଣ : ପ୍ରାୟ ୧୫୦ ଶବ ବିଶିଷ ଏକ ଗବ୍ୟ ଅନୁଚ୍ଛେଦ ପ୍ରଦାନ କରାଯାଇ ତା'ର ଆଧାରରେ ୫ଟି ପ୍ରଶ୍ନକରାଯିବ । ପ୍ରତିପ୍ରଶ୍ନର ୪(ୟରି)ଟି ଲେଖାଏଁ ସନ୍ତାବ୍ୟ ଉତ୍ତର ପ୍ରଦତ୍ତ ହୋଇଥିବ । ପରୀକ୍ଷାର୍ଥୀ ତା'ଭିତରୁ ସବୁଠାରୁ ଭିତ୍ତରଟିକୁ ବାହିବାକୁ ହେବ । ପ୍ରତି ଉପସୂଚ୍ତ ଉତ୍ତର ପାଇଁ ୧ ନୟର ରହିବ ।
- ୨. ଲେଖା ଓ ଲେଖକ : ସାରଳା ବାସ, ଜଗନ୍ନାଥ ବାସ, ଉପେନ୍ଦ୍ର ଉଞ୍ଜ, ଜୀମଭୋଇ, ଫକାରମୋହନ, ଗୋପାଳଚନ୍ଦ୍ର ପ୍ରହରାକ, ଗୋପୀନାଥ ମହାଡି - ୭ଜଣ ଲେଖକଙ୍କର ଗୋଟିଏ କୃତିର ନାମ ଉଲ୍ଲେଖ କରାଯାଇ ଲେଖକଙ୍କ ନାମ ପ୍ରଶ୍ନ କରାଯିବ କିୟା ଲେଖକଙ୍କ ନାମ ଦିଆଯାଇ ଭିନ୍ନ ଜିନ୍ନ ଇରିଟି ଉଚନା ମଧ୍ୟରୁ ଠିକ୍ ଭଉରଟି ବାହିବାକୁ କୁହାଯିବ ।
- ୩. ପଦନିର୍ଶୟ : ଗୋଟିଏ ନିର୍ଦ୍ଦିଷ ବାକ୍ୟ ଦିଆଯାଇ ତହିଁରୁ ଗୋଟିଏ ପଦକୁ ରେଖାଙ୍କିତ କରି ସେହି ପଦଟିକ୍ ଚିହ୍ନାଇବାକୁ ପ୍ରଶ୍ନ କରାଯିବ । ଏଥିପାଇଁ ୪ଟି ସମ୍ମାଦ୍ୟ ଉତ୍ତର ଦିଆଯିବ । ପରୀକ୍ଷାର୍ଥୀ ଠିକ୍ ଉତ୍ତରଟିକୁ ବାଛିତେ । ଏହିପରି ବିଶେଷ୍ୟ / ସର୍ବନାମ / ବିଶେଷଣ / ଅବ୍ୟୟ କ୍ରିୟାପଦ ଇତ୍ୟାଦି ୫ ପ୍ରକାର ମଧ୍ୟରୁ ୩(ଡିନି) ପ୍ରକାରର ୩ଟିକ୍ ଚିହ୍ନାଇବାକ୍ ହେବ । ଏଥିପାଇଁ ଭିନ୍ନ ଭିନ୍ନ ୩(ଡିନି)ଟି ବାକ୍ୟ ମାଧ୍ୟମରେ ୩ଟି ପ୍ରଶ୍ନ କରାଯିବ ।
- ୪. କୃଦତ୍ତ: ଦୁଇଟି କୃଦତ୍ତ ନିଷନ୍ ପଦର ଗଠନ ଜିୟା ପ୍ରତ୍ୟୟ ଚିହାଇବାକୁ ପ୍ରଶ୍ନ କରାଯିବ । ପ୍ରତ୍ୟେକରୁ ୪ଟି ସମ୍ଭାବ୍ୟ ଉତ୍ତର ଦିଆଯାଇ ଠିକ୍ ଉତ୍ତରଟି ବାହିବାକୁ ନିର୍ଦ୍ଦେଶ ରହିବ ।
- ୫. ତବିତ: ଦୂଇଟି ତବିତ ନିଷନ୍ ପଦ ଦିଆଯାଇ ପ୍ରତ୍ୟେୟ ନିର୍ଣ୍ଣୟ କିୟା ୪ଟି ଭିନ୍ନଭିନ୍ନ ଶବ୍ଦ ମଧ୍ୟରୁ ତବିତ ନିଷନ ପଦ ଠିକ୍ ଶବ୍ଦଟିଏ ରଖ ତାକୁ ଚିହ୍ନାଇବାକୁ କୁହାଯିବ ।

- ୬. ବାକ୍ୟ ପରିଚିତି: ସରଳ, ଯୌଗିକ, ଜଟିଳ ବାକ୍ୟ କିୟା ଦୁଇ ପ୍ରକାର ବାକ୍ୟର ମିଶ୍ରରୂପ ଭିତରୁ ଯେକୌଣସି ବାକ୍ୟଟିଏ ପ୍ରଶ୍ମରେ ଦେଇ ତା'ର ପ୍ରକାର ଚିହ୍ନାଇବାକୁ କୁହାଯିବ । ସମ୍ମାବନା ସ୍ୱରୂପ ୪ ପ୍ରକାର ଉତ୍ତର ଦିଆଯିବ, ତା'ଭିତରୁ ପରୀକ୍ଷାର୍ଥୀ ଠିକ୍ ଉତ୍ତରଟିକୁ ବାହିବେ ।
- ୭. ସାଧାରଣ ଅଶୁଦ୍ଧି : ଶନ୍ଦ ଓ ବାଞ୍ଝା ପ୍ରତ୍ୟେକରୁ ୨ଟି ଲେଖାଏଁ ପ୍ରଶ୍ନ ଦିଆଯାଇ ସେଥିରୁ ଠିକ୍ ଶନ୍ଦ କିୟା ବାକ୍ୟ ବାହିକାକୁ କୁହାଯିବ । ଏଥିରେ ୩ଟି ଅଶୁଦ୍ଧ ଶନ୍ଦ କିୟା ବାକ୍ୟ ଓ ଗୋଟିଏ ଶୁଦ୍ଧ ଶନ୍ଦ ବା ବାକ୍ୟ ଥିବ, ସେଥିରୁ ଶୃଦ୍ଧଟିକୁ ବାହିବେ । ଶନ୍ଦ ଓ ବାକ୍ୟ ପାଇଁ ଅଲଗା ପ୍ରଶ୍ର ପଡ଼ିବ ।
- ୮. ସହି : ସ୍ବସହି, ବ୍ୟଞ୍ଜନ ସହି ଓ ବିସର୍ଗସହି ମଧ୍ୟରୁ ଯେକୌଣସି ଗୋଟିଏ ସହି ନିଷ୍ପନ୍ନ ପଦନେଇ ତା'ର ଠିକ୍ ବିଚ୍ଛେଦ ବାହିବାକୁ ୪ (ଋରି)ଟି ସମ୍ମାବ୍ୟ ଉତ୍ତର ଦିଆଯିବ । ପରୀକ୍ଷାର୍ଥୀ ଠିକ୍କୁ ବାହିବେ ।
- ୯. କାରକ : ବାକ୍ୟଟିଏ ଦେଇ ଗୋଟିଏ ପଦକୁ ରେଖାଙ୍କିତ କରି ତାହା କେଉଁ କାରକ ଚିହ୍ନାଇବାକୁ ୪ଟି ସମ୍ମାବ୍ୟ ଉତ୍ତର ମଧ୍ୟରୁ ଠିକ୍ ବାହିବାକୁ କୁହାଯିବ ।
- ୧୦. ବିଉଦ୍ଧି: ବାକ୍ୟଟିଏ ଲେଖା ଦେଇ ଗୋଟିଏ ପଦକୁ ରେଖାଙ୍କିତ କରି ତାହା କେଉଁ ବିଭକ୍ତି, ଦିଆଯାଇଥିବା ୪ଟି ସମ୍ଭାବ୍ୟ ଉତ୍ତର ମଧ୍ୟରୁ ବାଛିବାକୁ କୁହାଯିବ । ଏହିପରି ଦୁଇଟି ଭିନ୍ନ ଭିନ୍ନ ପ୍ରଶ୍ମ ପ୍ରଦାନ କରାଯିବ ।
- ୧୧. ସମାସ: ତତ୍ପୁରୁଷ, କର୍ମଧାରୟ, ବହୁବ୍ରୀହି, ଦିଗୁ, ବୃଦ୍ୱ, ଅଲୁକ, ଅବ୍ୟୟୀଭାବ-୭ଟି ସମାସ ମଧ୍ୟରୁ ବୁଇଟି ପ୍ରଶ୍ନକରାଯାଇ ସମାସ ଚିହ୍ନାଇବାକୁ କିୟା ବ୍ୟାସବାକ୍ୟ ଦିଆଯାଇ ସମାସ ନିଷନ୍ନ ପଦ ନିର୍ଷୟ କରିବାକୁ ଦିଆଯିବ । ପ୍ରତିଟି ପାଇଁ ୪ଟି ସନ୍ତାବ୍ୟ ଉଉର ପ୍ରଦାନକରି ଠିକ୍ଟିକୁ ବାହିବାକୁ ହେବ ।
- ୧୨. ରୂଢ଼ି : ଗୋଟିଏ ରୂଢ଼ି ଦିଆଯାଇ ତା'ର ୪ଟି ସମ୍ୟକ୍ଷ୍ୟା ଅର୍ଥ ମଧ୍ୟରୁ ଠିକ୍ ଅର୍ଥଟି ବାଛିବାକୁ କୁହାଯିବ ।
- ୧୩. ହନ୍ଦ : ହ୍ଳନ୍ଦ ପାଇଁ ଗୁଜରୀ, ନଟ ବାଣୀ, ବଙ୍ଗଳାସୀ, ଦାଞିବୃତ୍ତ, ଷ୍ଟେଖ୍-୫ଟି ମଧ୍ୟରୁ ଗୋଟିଏ ହନ୍ଦର ଉଦାହରଣ ଉଦ୍ଧାରକରି ହନ୍ଦ ଚିହ୍ନାଇବାକୁ କୁହାଯିବ । ଏଥିପାଇଁ ୪ଟି ସମ୍ଭାବ୍ୟ ଉତ୍ତର ଦିଆଯିବ ।
- ୧୪. ଅଳଙ୍କାର: ଅନୁପ୍ରାସ, ଉପମା, ରୂପକ, ବ୍ୟତିରେକ, ଉତ୍ପ୍ରେକ୍ଷା, ଅର୍ଥାନ୍ତରନ୍ୟାସ ୬ଟି ମଧ୍ୟରୁ ଗୋଟିଏର ଉତ୍କୃତି ଦେଇ ଅଳଙ୍କାର ଚିହ୍ନାଇବାକୁ କୁହାଯିବ । ଏଥିପାଇଁ ଊରିଟି ସମ୍ମାବ୍ୟ ଉତ୍ତର ଦିଆଯିବ ।
- ୧୫. ଏକ ପଦୀକରଣ : ବ୍ୟକ୍ଷ୍ୟା ପ୍ରଦାନ କଞ୍ଜରାଯାଇ ଏହାକୁ ଏକପଦରେ ପ୍ରକାଶ କରିବାକୂ କୁହାଯିବ ଏବଂ ଏକପଦ ରୂପ ଦିଆଯାଇ ଏହା ଅର୍ଥ ବ୍ୟାଖ୍ୟା ଚିହ୍ନାଇବାକୁ ପ୍ରଶ୍ନକରାଯିବ । ଏଥିପାଇଁ ଦୂଇଟି ଭିନ୍ନ ଭିନ୍ନ ପ୍ରଶ୍ନ କରିବା ଓ ପ୍ରତିଟି ପାଇଁ ୪ଟି ଲେଖା ସୟାବ୍ୟ ଉତ୍ତର ଦିଆଯିବ; ସେଥିରୁ ଠିକ୍ଟିକୁ ବାହିବାକୁ ହେବ ।
- ୧୬. ଅବବୋଧ ପରୀକ୍ଷଣ: ଚାରି/ ପାଞ୍ଚ ପଦ ବିଶିଷ୍ଟ ଏକ କ୍ଷୁଦ୍ର କବିତା ଆଧାରରେ ୫ଟି ପ୍ରଶ୍ନ କରାଯାଇ, ପ୍ରତି ପ୍ରଶ୍ନର ୪ଟି ଲେଖାଏଁ ସମ୍ଭାବ୍ୟ ଭରର ପ୍ରଦତ୍ତ ହେବ ଏବଂ ପ୍ରତି ଉତ୍ତର ପାଇଁ ୧ ନମ୍ବର ରହିବ ।

# Telugu Teacher

- Language Mother tongue, Aims of teaching through mother tongue, 1. Language teaching skills, Language - Methodology.
- Teaching Methods, Teaching Practice; Teaching Aids, Literature works 2. - Teaching Methods.
- Education Technology, Assessment of Learning, Planning and 3. Designing Achievement Tests, Other Tools for Assessment, Utilization of Educational Sources, Evaluation
- 4. Jnseen poetry passage, unseen prose passage with test items, vocabulary, opposite words, identification of parts of speech; identification of genders
- Gramatical items: Pronunciation voice words formation, words, 5. pratyayamulu, Kalalu, Drutaprakrutikalu, Parusha, Saralalu, Parts of Speech; Sentences, Tense, Genders, Figures of Speech, Punctuation marks, Meanings, Synoniums, Antoniums, Deviations, Clauses, Phrases, Subjective and non-subjective sentences; different types of sentences, active voice - passive voices, direct - Indirect speech, formation of sentences, foreign, country and village words; Sandhi, Samas, Idioms, Phrases and other meanings; Chandhassu, Alankara
- Contributions of famous literates for development of Telugu language
  - Nannaya "Mahabharat" Chapter 4 (120 165)
  - Karivi / Goparaju Salivahana Vidyam. Chapter 1 (1:5-165)
  - Garimella Satyanarayan We do not want British ruling
  - Shri Shri Mahaprastanam
  - Vimala Vantillu Enta Adbutam

Unit\_1 . 2004 - 200 25 20 24 . మాత్రభాళ జూదేనా లక్ష్మెట . किस्ट्रेस अपकार • భాష - వివిధ భావనలు Unit 2 · 2016 AT 20 20 20 . . 2016 AT . సాంహిళ్ళ ప్రక్రియల-జగింధనాపథ్రికులు. Unit - 3. విర్భ - సాంకేతిక రాష్ట్రం · సహేత్య కాళ్ళక్రమోయ్. · (పణాశిక రచన . कुर्वरप्रकर्ण . • వనరుం విశ్వయోగం. · sweets of eac. Unit - 4 · (3 పరి-చిత పథ్య భాగము / (3 పరిచిత గథ్య భాగము పై (ప స్టాగి డ్ర రి. - పదముల (3 కాండ్లు · ప్రతి రేక డిల్లాలు · ఏ భానా భాగమా గుర్తించుకు. - మహద్యా చకర · మహకు వాచకం · డమహద్యాచకం మన్నగునవి. GROUP. B" కాలులు, వింగం ; విభక్తులు ; విరామ చివ్వలు ; తార్వాలు ; మానాలు ప్రాణాలు ; మానాలు ; మ வைக்குள்ள : ஜவ்ஷ்கு - அவிக்கு வக்கின : (இதித் - அவிக் வக்கின : திறையூன் : ஜன்ஷ்கு - அவிக்கு வருள் : இதுக்கு - அதவிக் இன்ன : వాళ్ళ నిర్మాణం, తత్తును - తత్తుని చేశ్వం, గాలప్పా, ఆశ్వదేశ్వ సతాం మత్తగనకి భండాన్ని (ఉత్తుల మాల, చంపక మాల, సౌకర్ణులం, మక్రిభం, ఆట్లెమిని, కొంగమ్స్, అండార ముట Unit - 6. 200 مستعم علي 3 هنسور الامهدو · నన్నయ :-(కేంద్ర మహా మారతం, ఆటెపర్వము, 4వ. కొడ్డాను 0(120 -165) ్ స్విష్ట్ర్ స్ట్రేషన్ "సిత్త్ "దిక్రభుష్ట్ పౌలంకృత్ ప్రక్తు. · 2008 647 2000 :-దారికాహన్ విశ్వుం. ১০ ক্রি- ১ ক্রি-১৪ ১ ক্রিন্টে (115-165) ాసజ్ఞిక వాసథట్లో నంకి ఇట్లు విక్రహక్కలేశ్లన " చరకు. . ಗರಮ್ಲ ಕ್ಷತ್ರವಾಯಾ:- " ಟಿಂಡ್ಡ್ ತ್ಲಿಟ್ ಕ್ರಿಸ್ " • (తీ(తీ : - " మవాండ్రస్ట్రానం" - 27 20 5 - 20 19 18 18 20 18 or ax or Probabolo 02. Y. PapaRoo.

# For Hindi Teacher Post

# UNIT- । (हिन्दी गद्य साहित्य)

- (i) निबंध निम्नलिखित पाठ्य विषयों से प्रश्न किए जायेंगे ।
  - बालमुकुंद गुप्त बनाम लार्ड कर्जन
  - रामचन्द्र शुक्ल- क्रोध
  - हजारी प्रसाद द्विवेदी अशोक के फूल
  - हरिशंकर परसाई भोलाराम का जीव
- (ii) उपन्यास -
  - प्रेमचन्द कर्मभूमि
  - भगवती चरण वर्मा चित्रलेखा
  - मन्नू भण्डारी आपका बंटी
- (iii) कहानी -
  - प्रेमचन्द कफन, पूस की रात
  - प्रसाद पुरस्कार, आकाशदीप
  - अज्ञेय तत्सत्
  - भगवती चरण वर्मा प्रायश्चित्त
  - कमलेश्वर गर्मी के दिन
  - जैनेन्द्र कुमार पत्नी

- उषा पियम्बदा वापसी
- भीष्म साहनी चीक की दावत
- (iv) नाटक -
  - जय शंकर प्रसाद चन्द्रगुप्त
  - लक्ष्मीनारायण मिश्र सिंदूर की होली
  - मोहन राकेश आषाढ़ का एक दिन
- (v) संस्मरण / रेखाचित्र
  - महादेवी वर्मा गौरा
  - रामवृक्ष बेनीपुरी रज़िया
  - विष्णु प्रभाकर अंष्टावक्र

UNIT- II (पद्य विभाग)

- (i) कबीर दास दोहे गुरु गोविन्द दोउ खड़े, पानी केरा बुद बुदा, माटी कहै कुम्भारसे, जलमें कुंभ, कस्तूरी कुंडल बसै, माली आपन, कल करै सो आज कर, साधु ऐसा चाहिए... । पद - माया महा उमिनी ।
- (ii) सूरदास बाल वर्णन मैया मैं नहीं माखन, मैया मोहि दाऊ बहुत खिझायी, जसुमित हरि पालने, मैया कबहुँ बढ़ेगी चोटी । धमर गीत अंधो मन मानेकी बात, ऊधो मन जिह दस बीस, निर्गुन कौन देसकी, अधा मोहि ब्रज विसरत निर्ह ।
- (iii) तुलसी दास केवट प्रसंग, भरत-महिमा
- (iv) बिहारी मेरी सब बाधा हरी, कनक कनक तैं, बतरस लालच, कहत नटत रीझत.. ।
- (v) मैथिलीशरण गुप्त यशोधरा
- (vi) दिनकर कुरुक्षेत्र (प्रथम तीन वर्ष)
- (vii) बच्चन पथकी पहचान, जुगनू
- (viii) सुभद्राकुमारी झाँसी की रानी

- (ix) प्रसाद भारतवर्ष, हिमाद्रि तुंग...
- (x) पंत प्रथम रश्मि, ताज
- (xi) निराला संध्यासुंदरी, तोड़ती पत्थर
- (xii) केदारनाथ सिंह अकाल में दूब
- (xiii) नागार्जुन बहुत दिनों के बाद

UNIT- III (प्रत्येक पाठ्य - बिन्दु से दो प्रश्न)

#### भाषा अध्ययन :

- i) हिन्दी और ओड़िआ ध्वनियाँ (व्यतिरेकी ज्ञान)
- ii) शब्द निर्माण प्रचलित उपसर्ग और प्रत्यय
- iii) संधि तथा समास
- iv) विलोम और पर्यायवाची शब्द
- v) शब्दों की सही वर्तनी और उच्चारण
- vi) संज्ञा : लिंग, वचन
- vii) कारक विभक्ति और विशेषण के मुख्य प्रकार
- viii) क्रिया : (क) भेद (सकर्मक, अकर्मक, सरल, मिश्र, यौगिक, प्रेरणार्थक) (ख) काल- तीन कार्लों का मुख्य भेद
- ix) वाक्य : मुख्य भेद और परिवर्तन
- x) अति प्रचलित मुहाबरे और कहावर्ते

### UNIT- IV (भाषा प्रयोग)

i) गद्य पाठ विधि - परिचयात्मक प्रश्न, बाचन, लेखन, बोध प्रश्न, ज्ञान, और चिंतामूलक प्रश्न ।

- ii) पद्य पाठ विधि सामान्य परिचयात्मक प्रश्न, व्याख्या की पद्धति, आत्मीकरण, काव्यानन्दका स्वाद ।
- iii) व्याकरण पाठ विधि आगमन / निगमन प्रणाली
- iv) अनुवाद ओडिआ से हिन्दी पाँच सरल वाक्य या वाक्यांश
- v) अपठित गद्य/पद्यांश (छोटे-छोटे दो अंश) उसमें से बोध / ज्ञान मूलक प्रश्न होंगे

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# For Sanskrit Teacher Post



# शिक्षादान पद्धतिः

UNIT- 1 : Learning Sanskrit संस्कृतशिक्षणम्

- संस्कृतशिक्षणस्य सामौन्यम् उद्देश्यं महत्वं च
- माध्यमिकस्तरे संस्कृत शिक्षायाः महत्वम्
- संस्कृतशिक्षायाः मुगमं कौशलम्
- श्रवणम् पाठनम्, वाचनम्, पठनकौशलम् लेखनकौशलम्

UNIT- 2 : भाषाप्रशिक्ष

- व्याकरणानुवाद पद्धति : (Formal Grammar, Functional Grammar)
- प्रत्यक्षपद्वतिः (Preparation, Presentation, Comparison, Assimatation, (Directmethod) Application)
- परोक्षपद्धति : (Indirect Method) अन्वय पद्धति Teaching Poetry,
- आरोह पद्धति : अस्या पद्धते: गुजा: दोषा: च

Indirective Method - From Example to approach the sutra method in grammar.

- अवरोह पद्धति : (deductive method) Interpretation of the sutra and justification through the examples.

UNIT- 3 : भाषासाहित्यशिक्षण पद्धति :

Method of assessment learning sanskrit languae and literature.

गद्य-पद्य प्रशिक्षण परीक्षण योजना

Planning of assessment of teaching prose and poetry.

परीक्षजस्य योजना साफल्यं च परीक्षणस्य अवान्तर साधनानि

श्रवणम्, भाषणम् पठनम्, वाचनम्, लेखनम्

Group-B (CONTENT)

UNIT- 4: Elements of Sanskrit Language

संस्कृतभाषायाः मौलिवं ज्ञानम्

(अदृष्ट सन्दर्भगिताः प्रश्चा: (Comprehensiment to unseen passage)
One Passage from Prose (within 150 words)
गद्यभागस्य एकः सन्दर्भः (१५० शब्दमध्ये)

पश्चतन्त्रतः हितोपदेशतः (From Panchatantra and Hitopadesha) One verse from Purvamegha or Abhijnuna sakuntaların Word meming, Sandhi, Karaka Vibhukti Samasa, Prakriti Pratyaya

UNIT- 5 : Language Item, भाषागता विषयाः

Parts of Speech - भाषा विभाग

शब्दरूपम्, धातुरूपम्, विशेषणम्, स्वनाम, संख्यावानक विशेषणम्

शब्दरूपम् - बालक, फल, लता, मुनि, पति, मति, वारि, नदी, भानु, धेन्, मधु,

वध्, पितृ, मातृ, गो, गुणिन् राजन्, गच्छत्

विशेषण सर्वनाम - सर्व, तद्, यद्, किम्, इदम्, अस्पद्, युष्मद

संख्यावाचक - एक, द्वित्रि, चतुर, पश्च, षड्

पूरणवाचक - प्रथम, द्वितीय इत्यादि

शब्द निर्माणम् - उपसर्गः, कृदन्तः स्त्रीप्रत्ययः

शब्दज्ञानम् - व्याकरणगताः पारिभाषिकाः शब्दाः

सिधः, णत्वविधिः, षत्वविधिः

शब्दरूपधातुरुपगतवर्णशुद्धिः

Unit - 6: Contributions of famous poet and authors to Sanskrit literature (Prose, Poetry, Drama and composition.

Bhasa, Kalidas, Bhababiti. Dandin: Banabhatta

Bhartrihari - Jayadev Trivikrambhatta Sriharsa

# **Physical Education Teacher**

# PHYSICAL EDUCATION

### 1. Principle and History of Physical Education

- Meaning, Objectives, Aims of Physical Education
- Relationship of Physical Education to General Education, Health Education and Recreation
- Importance of Physical Exercise, Physical Training and Physical Culture
- Physical Education as a Socializing agencies
- Leadership and its importance, qualification and qualities of a Physical Education Teacher
- Contribution of Physical Education Teachers to General Education
- Scout and Guides, NCC, JRC, SGFI, NFC and its contributions
- Contribution of Yoga in modern civilization
- Olympics and Asian Games
- Teachers Training and Professional preparation in Physical Education

### 2. Sports Psychology

- Meaning and importance in Physical Education
- Mental Process Body, Mind, Relationship and Nero-muscular coordination
- Transfer of training, Theories of Play, Learning processes and play way in Education
- Individual differences as personality, mental hygiene and child quidance
- Discipline and behaviour : Nature and Development

#### Organization, Administration and Recreation 3.

Importance, objectives and guiding principles

Construction and care of gymnasium and swimming pools

Preparation of different playground

Need, purchase and maintenance of sports equipments and maintenance of different registers and records

Preparing time table and factor affecting time table in Physical

**Ecucation and Sports** 

Scheduling school sports, Problem in school sports, Interamural and extramura competitions

Preparation of Budget, accounting and auditing

Importance of Recreation in Human life

# 4. Anatomy Physiology and Health Education

- Joints structure, Types and Movements of the Joints, Importance of Good Posture and Remedies of Bad Posture
- Effect of regular activities on muscles, heart and respiratory system

Fatigue, its causes and remedies

Blocd pressure, oxygen debt, second wind

Importance of health education and the role of Physical Ecucation Teachers in School Health Programme

Medical Examination, effects of narcctics and drugs

Nutrition and importance of diet for players and athletes

Different ciseases and their symptoms, detection care and prevention of diseases like Cholera, Diarrhea, Chicken Pox, Measles, Tetanus, Diphtheria and Malaria

# 5. Methods of Physical Education

- Meaning, Scope and Importance of Methods in Physical
- Drill and Marching Commands, Teaching aids, various methods of teaching physical activities, Games, Sports and Indigenous

Various Tournaments and Competitions

Test, Measurement and Evaluation in Physical Education, National Physical Efficiency Test

Layout of the track and field events and different play grounds

Demonstration and Exhibitions, Awards and Incentives

Lesson Planning - General and Specific

# 6. Officiating and Coaching

- The qualities of a good officials, relation of official with management, coaches, players and spectators
- Duties of the officials
- Promoting and maintaining different games, publicity, arrangement of training camps and schedules
- Conditioning of players and teams General, Fundamental, Workload
- Warming up Types and Values
- Various training methods Isometric and Isotonic exercises, Circuit training, Weight Training, Fartlek Training and Internal Training
- Play of various positions in Games
- Officiating of different games and track and field events its rules, signals and positional play
- Track and Field events, Major games like Kho-Kho, Kabaddi, Volleyball, Football, Basket ball, Soft ball, Cricket, Hockey and Badminton

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- > Prose
- > Poetry
- > Drama, Novel & Short story
- > Grammar
- > Pedagogy
- Comprehension and contribution of Famous Urdu Writers

# Unit-1 (Prose):

- Hindustani Tahzib Ke Anasir (Syed Ehtesham Hosen)
- · Qaumi Yakjehati (Prem Chand)
- Hamari Azadi (Abul Faiz Sahr) NCERT
- Odisha Men Urdu Zaban Ka Irtega (BSE, Odisha)

#### Unit-2 (Poetry):

- Banjara (Nazir Akberabadi)
- Jalwa-e-Darbar-e-Delhi (Akbar Allahabadi)
- Ek Arzoo (Dr. Mohammed Iqbal)
- Einstein Ki Wafat Per (Dr. Karamat Ali Karamat)
- Makhi Choos (Faizi Sambalpur)
- Ghazaliyat (Meer, Dard, Ghalib, Hasrat)

#### Unit-3 (Drama, Novel & Short Story):

- Khana Jangi (Prof. Mohammed Mujeeb)
- Umrao Jan e Ada (Mirza Hadi Ruswa)
- Urdu Ke Tera Afsane (Athar Parwez) (Kafan, Anandi)

# Unit-4 (Grammar) :

- · Ism, Fel, Harf
- Zameer
- Slfat
- Jumla Sazi
- Sabeqa-o-Laheqa
- Imla
- Mutashabih Aur Mutazad Alfaz
- Mohaware Aur Zarbulamsal
- Izafat
- . Ghalat Jumle Aur Unka Istemal

# Unit-5 (Pedagogy):

- Urdu Parhne Ke Agraz O Maqasid
- Madri Zaban Ké Taleem Ki Ahmiyat
- · Ijmali Aur Tafsili Motalia Per Maharat
- Tadris-e-Nasr-O-Nazm
- Qawaid
- Dars-O-Tadris Men Zimni Motalia
- Isharaat-e-Sabaq
- Janch Ke Mukhtalif Tariqe
- Tahriri Maharat

# <u>Unit-6</u> Question from Unseen Passage and contribution of Famous Urdu Writers:

- Altaf Hosen Hall
- · Neyaz Fateh Purl
- All Sardar Jafri
- · Amir Khusroo
- · Majrooh Sutanpuri

# إن" [الد

- ایم پخل پرز مغت جلدمازی
- مايتدولاحد الما تشاراودمتنادالفاء فلد جملاوران كاملاح
  - اضافت مادر عادر ضرب الاختال
    - ین دیداکی
    - الدوي عن كافران ومقاصد
      - الاى زان كتليم كاايت
    - اعالى اوتغييل مالد برمهادت
      - ترلينزوهم
        - تواعر
      - دوكي وتدريس عن حن مطالع
        - اثاراتویل
        - بالح يعد لريد
          - اليكابات
  - بنن انا فواعدم إرت سعوال اورهوراد إمل خدات
    - ئۇلىمەمۇرت ھىوال
      - مغيوراد بامكافدمت
  - المال مسين مآل، بال على بى بى بى بردار چىلى دار چىلى دا