

**Syllabus
for
Yoga (COQP21)**

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Note:

- i. The Question Paper which will have 75 questions.*
- ii. All questions will be based on Subject-Specific Knowledge.*
- iii. All questions are compulsory.*
- iv. The Questions will be Bilingual (English/Hindi).*

Yoga (COQP21)

1. Yogic science origin
2. History and development of Yoga
3. Etymology and definitions
4. Misconceptions
5. Aim and objectives of Yoga
6. True nature and principles of Yoga