



19 April 2024

## Andhra Pradesh State Regional News

<p><b>Over 80 mandals in AP reel under severe heatwave</b></p>	<p><b>Context:</b></p> <ul style="list-style-type: none"> <li>Over <b>80 mandals in Andhra Pradesh</b> are <b>currently facing severe heatwave conditions</b>.</li> <li>Temperatures have soared <b>above 42 degrees Celsius</b> in many areas, causing discomfort and health risks. This heatwave is expected to persist for several days.</li> <li>The districts <b>most affected include East Godavari, Parvathipuram-Manyam, and Kakinada</b>.</li> <li>Authorities have advised residents to stay indoors during peak heat hours and to drink plenty of fluids to avoid dehydration.</li> </ul> <p><b>What is Heatwave?</b></p> <ul style="list-style-type: none"> <li>A <b>heat wave, sometimes described as extreme heat, is a period of abnormally hot weather</b>.</li> <li>It is usually measured <b>relative to the usual climate in the area and to normal temperatures for the season</b>.</li> <li>High humidity often accompanies <b>heat waves, especially in oceanic climate countries</b>.</li> <li>In India, the India Meteorological Department (IMD) has specific criteria for declaring a heat Wave.</li> <li>It is considered if the <b>maximum temperature of a station reaches at least 40°C or more for Plains, and at least 30°C or more for Hilly regions</b>.</li> <li>If the above criteria are met at least in 2 stations in a Meteorological sub-division for at least two consecutive days, it is declared a heatwave on the second day.</li> </ul>
<p><b>73rd Inter-Services Water Polo Championship for 2024-25</b></p>	<p><b>Context:</b></p> <ul style="list-style-type: none"> <li><b>Visakhapatnam's Eastern Naval Command (ENC)</b> recently held the <b>73rd Inter-Services Water Polo Championship for 2024-25</b>.</li> <li>The event <b>witnessed teams from the Indian Navy and Indian Air Force battle it out in the pool</b>.</li> <li>The championship served a <b>dual purpose</b>:             <ol style="list-style-type: none"> <li><b>Fostering friendly competition</b></li> <li><b>Selecting players for the upcoming National Aquatics Championship</b>.</li> </ol> </li> <li>The Indian Navy emerged victorious, showcasing exceptional skill and teamwork.</li> <li>The event concluded with the presentation of trophies and medals by the chief guest.</li> </ul>



### World Liver Day



#### Context:

- World Liver Day is observed annually on April 19th.
- It is a global campaign to raise awareness about liver health and liver diseases.

It aims to educate the public about:

- The importance of liver function for overall health
- Different liver diseases, including hepatitis, fatty liver disease, cirrhosis, and liver cancer
- Prevention methods like vaccination, healthy diet, and moderate alcohol consumption
- Early detection through regular checkups

#### About:

- In 2010, the European Association for the Study of the Liver (EASL) launched the first ever World Liver Day to commemorate the foundation day of EASL in 1966.
- Since then, April 19 has been celebrated as World Liver Day every year.

#### Theme:

- The theme for World Liver Day 2024 is "Be vigilant, get regular liver check-ups, and prevent fatty liver diseases."
- This year's theme emphasizes the importance of taking a proactive approach to liver health.



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